Our Medical Specialists are trained in all aspects of Pain Management and Rehabilitation, utilizing a multidisciplinary approach to customize treatment for your specific needs and goals.

- Neck and Back Pain
- Shoulder/Elbow/Wrist Pain
- Hip/Knee/Ankle Pain
- Sprains and Strains
- Carpal Tunnel Syndrome
- Sciatica and Stenosis
- Sports Injuries
- Auto Accident Injuries
- Work Related Injuries
- And more...

Call one of our convenient locations for an appointment

184 Old Country Rd., Mineola NY 516.747.5042

1010 Sunrise Hwy., Rockville Centre, NY 516.678.0500

126-20 101st Ave., Richmond Hill, NY 718.322.4145

1700 Great Neck Rd., Copiague, NY 631.608.8700

We accept most insurance plans including Medicare, No Fault and Workers’ Compensation

- Appointments available immediately or within 24 hours
- Evening and weekend hours
- Multi-lingual staff
- Transportation provided for most procedures

OUR MEDICAL STAFF

Sunil Butani, MD
Board Certified Physical Medicine and Rehabilitation

Timur Yasin, MD
Board Certified Physical Medicine and Rehabilitation, Fellowship in Pain Management

Robert Zhang, MD
Board Certified Anesthesiologist
Fellowship in Pain Management

Jinghua He, MD
Physical Medicine and Rehabilitation,
Fellowship in Pain Management

Mark Grzesiak, RPA

We treat your pain so you can start living again.
SERVICES OFFERED

Interventional Pain Management

All procedures are done in our comfortable, accredited fluoroscopy suite.

- Lumbar Interlaminar Epidural Steroid Injection
- Lumbar Transforaminal Epidural Steroid Injection
- Lumbar Facet Medial Branch Block
- Cervical Interlaminar Epidural Steroid Injection
- Cervical Transforaminal Epidural Steroid Injection
- Cervical Facet Medial Branch Block
- Cervical Radiofrequency Ablation
- Lumbar Radiofrequency Ablation
- Thoracic Interlaminar Epidural Steroid Injection
- Thoracic Transforaminal Epidural Steroid Injection
- Thoracic Facet Medial Branch Block
- Thoracic Radiofrequency Ablation
- Coccyx Injections
- Cervical & Lumbar Sympathetic Blocks
- Sacroiliac Joint Injection
- Cervical Discogram
- Lumbar Discogram
- Spinal Cord Stimulator Trial

Neurological Testing

Our staff is trained in all facets of Neurological testing.

- EMG - Electromyography
- NCS - Nerve Conduction Study
- BAER - Brainstem Auditory Evoked Response
- VEP - Visual Evoked Potential
- SSEP - Somatosensory Evoked Response
- VNG - Videonystagmography Testing

Sports Medicine & Orthopedic Medicine

We offer non-surgical management of all orthopedic problems relating to the foot, ankle, knee, hip, wrist, elbow and shoulder joints.

- Diagnostic Musculoskeletal Ultrasound
- Ultrasound Guided Peripheral Joint Injections (Shoulder/elbow/hip/knee)
- Trigger Point Injections
- Hylagun & Synvise Injections (Degenerative Joint Disease)
- Physical Therapy
- Range of Motion Testing
- Regenerative Injection Therapy (PRP)
- Prolotherapy

ACTION
Sports Medicine & Pain Management
A Step Ahead